

Privacy Policy for 1469 Emotional Health

Effective Date: [January,12,2025]

1. Introduction

At 1469 Emotional Health we are committed to protecting your privacy and ensuring the security of your personal information. This Privacy Policy outlines how we collect, use, disclose, and safeguard your information when you engage with our services, website, and programs. By using our services, you agree to the terms outlined in this policy.

2. Information We Collect

We may collect the following types of information:

a. Personal Information:

- Name, email address, phone number, and other contact details.
- Demographic information such as age, gender, and location.
- Payment details for subscription services.

b. Assessment Data:

- Responses to the Emotional Mastery Index (EMI) assessment or other tools.
- Data related to emotional health, mental well-being, and spiritual growth.

c. Usage Information:

- Information about your interaction with our website, such as IP address, browser type, pages visited, and time spent on our platform.

d. Health Information (if provided):

- Details shared during coaching sessions or EMI assessments related to emotional, mental, and physical health.

3. How We Use Your Information

We use your information for the following purposes:

- To provide and improve our emotional health programs and services.
- To customize EMI assessments and reports.
- To schedule and conduct coaching sessions.
- To communicate updates, resources, or promotional materials (with your consent).

- To process payments and manage subscriptions.
- To comply with legal obligations.

4. Information Sharing and Disclosure

We do not sell, trade, or rent your personal information. We may share your data only in the following circumstances:

- **Service Providers:** With third-party providers who assist in delivering our services (e.g., payment processors, cloud storage).
- **Legal Compliance:** To comply with legal obligations or respond to lawful requests by public authorities.
- **Consent:** With your explicit consent for specific purposes.

5. Data Retention

We retain your personal data only as long as necessary to fulfill the purposes outlined in this policy or as required by law. Once no longer needed, we securely delete or anonymize your data.

6. Security Measures

We implement industry-standard security measures to protect your personal information from

unauthorized access, alteration, or disclosure. However, no method of data transmission or storage is entirely secure, and we cannot guarantee absolute security.

7. Your Rights

You have the right to:

- Access, correct, or delete your personal data.
- Withdraw consent for data processing (where applicable).
- Opt out of receiving promotional emails or materials.
- File a complaint with a regulatory authority if you believe your rights are violated.

To exercise these rights, contact us at **info@1469emotionalhealth.com**.

8. Cookies and Tracking Technologies

We may use cookies and similar technologies to enhance your user experience, analyze website performance, and deliver targeted advertisements. You can manage cookie preferences through your browser settings.

9. Third-Party Links

Our website or materials may include links to third-party websites. We are not responsible for the privacy practices of those websites. Please review their privacy policies before sharing personal data.

10. Children's Privacy

Our services are not intended for individuals under the age of 13. We do not knowingly collect personal information from children. If we discover that we have collected data from a child without parental consent, we will delete it promptly.

11. International Users

If you access our services from outside [Insert Country], your information may be transferred to, stored, and processed in a country with different privacy laws. By using our services, you consent to such data transfers.

12. Updates to This Policy

We may update this Privacy Policy from time to time. Changes will be effective immediately upon posting. We encourage you to review this policy periodically for updates.

13. Contact Us

If you have questions or concerns about this Privacy Policy, please contact us at:

1469 Emotional Health

Email: **info@1469emotionalhealth.**

Website: **www.1469emotionalhealth.com**

By using our services, you acknowledge that you have read, understood, and agreed to this Privacy Policy.